

Fit Kids Healthy Kids – My Clipboard

Lesson 1

Snake Toddler Tag

Game Description:

Fun activity for toddlers to get them running away from the snake.

Objective:

Stay away from the snake (pool noodle)

Game Rules:

The leader pretends they are a snake by holding onto a full pool noodle! The leader moves around the playing area slowly, pretending the pool noodle is a snake. Children run away from the snake to avoid getting tagged.

AGE:

2 to 3 years

TYPE OF ACTIVITY:

Multi-skill game

SPACE NEEDED:

Large Space (Gym, Multipurpose Room, Playroom)
Medium Space (Classroom, Empty Room)
Small Space (Hall, Furnished Room)

HOW MANY LEADERS ARE NEEDED:

Only 1

HOW BIG OF A GROUP IS NEEDED:

One person
Pair
Small group (3-5 kids)
Medium group (6 - 15 kids)

TYPES OF SKILLS PRACTICED:

Agility
Balance
Coordination
Dodge
Jump
Run