

# Fit Kids Healthy Kids – My Clipboard

## Lesson 1

### Snake Toddler Tag

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#### Game Description:

Fun activity for toddlers to get them running away from the snake.

#### Objective:

Stay away from the snake (pool noodle)

#### Game Rules:

The leader pretends they are a snake by holding onto a full pool noodle! The leader moves around the playing area slowly, pretending the pool noodle is a snake. Children run away from the snake to avoid getting tagged.

#### AGE:

2 to 3 years

#### TYPE OF ACTIVITY:

Multi-skill game

#### SPACE NEEDED:

Large Space (Gym, Multipurpose Room, Playroom)  
Medium Space (Classroom, Empty Room)  
Small Space (Hall, Furnished Room)

#### HOW MANY LEADERS ARE NEEDED:

Only 1

#### HOW BIG OF A GROUP IS NEEDED:

One person  
Pair  
Small group (3-5 kids)  
Medium group (6 - 15 kids)

#### TYPES OF SKILLS PRACTICED:

Agility  
Balance  
Coordination  
Dodge  
Jump  
Run