

Fit Kids Healthy Kids – My Clipboard

Lesson 1 Pizza Tag

Game Description:

Fun tag that requires teamwork to be freed!

Objective:

Don't get tagged.

Game Rules:

Give students either a yellow or red pinnie. If they have a yellow pinnie, they are cheese. If they have a red pinnie, they are sauce. Assign a few children to be taggers. Scatter hoops in the playing area, these are pizza crusts. If a child is tagged, they must go inside a pizza crust. They will stay there until someone comes and completes their pizza with cheese and sauce. Change taggers frequently.

AGE:

7 to 9 years

TYPE OF ACTIVITY:

Warm up/Cool down

SPACE NEEDED:

Large Space (Gym,
Multipurpose Room,
Playroom)
Medium Space (Classroom,
Empty Room)
Field / Park

HOW MANY LEADERS ARE NEEDED:

Only 1

HOW BIG OF A GROUP IS NEEDED:

Large group (16+ kids)

TYPES OF SKILLS PRACTICED:

Agility
Balance
Coordination
Gallop
Run
Track