

Fit Kids Healthy Kids – My Clipboard

Lesson 1

The Clean Up Song

Game Description:

Sing this song next time you have to clean up.

Objective:

Clean up the equipment using this song.

Game Rules:

Sing this song to help transition between games.
"Twinkle, Twinkle little star, Time to clean up where you are. Put the toys back in their place. Keep a smile upon your face. Twinkle, Twinkle little star, Time to clean up where you are."

AGE:

2 to 3 years
4 to 6 years

TYPE OF ACTIVITY:

Warm up/Cool down

SPACE NEEDED:

Large Space (Gym,
Multipurpose Room,
Playroom)
Medium Space (Classroom,
Empty Room)
Small Space (Hall,
Furnished Room)
Field / Park

HOW MANY LEADERS ARE NEEDED:

Only 1

HOW BIG OF A GROUP IS NEEDED:

Small group (3-5 kids)
Medium group (6 - 15 kids)
Large group (16+ kids)

TYPES OF SKILLS PRACTICED:

Run