

Fit Kids Healthy Kids – My Clipboard

Lesson 1 Snake Walk

Game Description:

Close your eyes in this fun game!

Objective:

The goal is for the leader to lead their team to their object.

Game Rules:

Divide the kids up into groups of 4-6 people. Have them line up in a straight line with their arms on each others shoulders. All members of the group close their eyes except the last person in line, they are the groups leader. Each teams object (this can be a foam block, ball, noodle, hula hoop etc.) will be hidden around the playing area.. Change the spot of the object and who the leader is ever round.

AGE:

7 to 9 years
10 to 12 years

TYPE OF ACTIVITY:

Co-operative / Team
Building / Ice Breaker

SPACE NEEDED:

Large Space (Gym,
Multipurpose Room,
Playroom)

HOW MANY LEADERS ARE NEEDED:

Only 1

HOW BIG OF A GROUP IS NEEDED:

Medium group (6 - 15 kids)