

Fit Kids Healthy Kids – My Clipboard

Lesson 1 Pizzeria

Game Description:

A great game to get children up and moving at top speed while also being creative.

Objective:

Make a delicious "pizza" with beanbags

Game Rules:

Place a large hoop in the middle of the playing area. Tell the children this is the pizza pan, and today they are going to be making a pizza using the different coloured beanbags. You can pick out the pizza toppings using various colours (ex. yellow beanbags for the cheese). Spread all the beanbags all over the playing area. The children run quickly to the beanbag, and run it back and place it on the pizza pan (large hoop), until all the beanbags are inside the hula hoop. Make sure the children only grab one beanbag at a time.

AGE:

2 to 3 years
4 to 6 years

TYPE OF ACTIVITY:

Multi-skill game

SPACE NEEDED:

Large Space (Gym,
Multipurpose Room,
Playroom)
Medium Space (Classroom,
Empty Room)
Small Space (Hall,
Furnished Room)
Field / Park

HOW MANY LEADERS ARE NEEDED:

Only 1
2 Leaders

HOW BIG OF A GROUP IS NEEDED:

Small group (3-5 kids)
Medium group (6 - 15 kids)
Large group (16+ kids)

TYPES OF SKILLS PRACTICED:

Agility
Coordination
Gallop
Run
Skip